DEPARTMENT OF SOCIAL SERVICES
Community Care Licensing Division
Statewide Children's Residential Program
Out-of-State Certification Unit
744 P Street, Sacramento, CA 95814 ~ MS 19-50

March 23, 2010

Michael Rowley, Executive Director
Lakeside Academy
3921 Oakland Drive
Kalamazoo, MI 49008

SUBJECT: **Initial Certification for Out-of-State Group Home**
Lakeside Academy (CA Facility #602300066)

Dear Mr. Rowley:

Pursuant to California Family Code Section 7911 et al., this is official notification that effective this date, Lakeside Academy is certified as meeting California group home licensing standards. This certification is based on:

- Application material submitted to the California Department of Social Services (CDSS)
- An on-site visit and evaluation performed by certification analyst Carol Lancaster on October 22-23, 2009
- Shasta County Probation's request to place a ward of a California Juvenile Court at Lakeside Academy for residential care and treatment.

California licensing standards require that all serious incidents be reported to CDSS' Out-of-State Placement Policy Unit for each child in care regardless of whether he or she is a California placement. Incident reporting shall include the following:

a. Deaths
b. Suicide attempts
c. Suspected physical, sexual or psychological abuse
d. Epidemic outbreaks and catastrophes
e. Use of restraint (whether or not they result in an injury to a child.)
f. Any unusual incident or absence that threatens the physical or emotional health or safety of a child.
g. Injuries and illnesses that require hospitalization or medical treatment (beyond first aid.)

Certification will be reviewed annually. We will be following our Department policy which authorizes us to inspect facilities with or without appointment as necessary.

If you have any questions, please contact Carol at (916) 838-5751; or myself at (916) 327-8763.

Sincerely,

Carol Lancaster for

MEI YUK KUNG, Program Chief

STATE OF CALIFORNIA - HEALTH AND HUMAN SERVICES AGENCY

FACILITY EVALUATION REPORT

CALIFORNIA DEPARTMENT OF SOCIAL SERVICES
COMMUNITY CARE LICENSING DIVISION
CCLD Regional Office, 8745 FOLSOM BLVD., #130
SACRAMENTO, CA 95826

FACILITY NAME:	LAKESIDE		**FACILITY NUMBER:**	602300066
ADMINISTRATOR:	ROWLEY, MICHAEL		**FACILITY TYPE:**	731
ADDRESS:	3921 OAKLAND DRIVE		**TELEPHONE:**	(269) 381-4760
CITY:	KALAMAZOO	**STATE:** MI	**ZIP CODE:**	49008
CAPACITY:	~~81~~ 98	**CENSUS:** 39	**DATE:**	10/22/2009
TYPE OF VISIT:	Prelicensing	ANNOUNCED	**TIME BEGAN:**	09:15 AM
MET WITH:	Mike Rowley, Director		**TIME COMPLETED:**	04:30 PM

NARRATIVE

PURPOSE OF VISIT:

As mandated by California law, this initial on-site visit was performed on October 21-22, 2009 by the undersigned analyst to assess and determine Lakeside Academy's eligibility and suitability to be certified by the California Department of Social Services (CDSS) through:

1. being in substantial compliance with California's Title 22 licensing regulations which apply to children's group homes; as well as
2. being licensed and in good standing with the licensing laws of the State of Michigan where the facility is located.

REQUEST FOR CERTIFICATION / APPLICATION HISTORY:

In a letter dated July 1, 2009, the Sacramento County Department of Health and Human Services requested the Out-of-State Certification Unit (OSCU) of CDSS to consider Lakeside Academy for certification as they wished to utilize the facility for residential care and treatment of a minor under the jurisdiction of their Juvenile Court as a 300 W&I placement (social services dependent.) Shortly thereafter, application material was collected from the facility and reviewed/analyzed. In conjunction with the application material, this onsite visit was made.

Note: As the initial child proposed for placement by Sacramento County DHHS was subsequently never placed at the facility, this facility's certification remained in "Pending" status until an actual California child was ready for placement. This delayed the certification but ultimately occurred March 22, 2010, when Shasta County Probation requested to place a child at the facility.

SUPERVISOR'S NAME: Mei Yuk Kung **TELEPHONE:** (916) 327-8763

LICENSING EVALUATOR NAME: Carol Lancaster **TELEPHONE:** (916) 838-5751

LICENSING EVALUATOR SIGNATURE:

DATE: 03/23/2010

I acknowledge receipt of this form and understand my licensing appeal rights as explained and received.

FACILITY REPRESENTATIVE SIGNATURE:

Original Signed by Mike Rowley Exec. Director

DATE: 03/23/2010

This report must be available at Child Care and Group Home facilities for public review for 3 years.

FACILITY EVALUATION REPORT (Cont)

FACILITY NAME: LAKESIDE

FACILITY NUMBER: 602300066
VISIT DATE: 10/22/2009

NARRATIVE

FACILITY INFORMATION AND BACKGROUND:

Lakeside Academy, a 501(c)(3) non-profit organization, operates as a residential treatment program located on the campus of Lakeside for Children in Kalamazoo, Michigan. The program serves male and females, ages 12-18, who are youth at risk. Length of stay varies: The average length of stay in the Community Residential Program averages 6-9 months; while the length of stay in the Residential Sexual Offender Program is 9-12 months. The treatment philosophy focuses on promoting behavioral and cognitive change through the establishment of a positive peer culture and risk assessment driven practice.

Through a modified positive peer culture, Lakeside Academy assists youth in making better choices. Lakeside Academy operates on a normative culture, in lieu of a list of rules. The difference between rules and norms is that rules are established by authority while norms are established by the group. A norm is defined as, "the expected behavior of a group in a given circumstance." The goal at Lakeside Academy is to help students learn positive and cooperative norms and accept help from those who offer it. Lakeside has four core norms:

1. Support all staff and Titan decisions.
2. Intervene all negative behavior and accept intervention at its lowest level.
3. Participate in all aspects of the program.
4. Be respectful to all staff, students and visitors.

There are four phases of cognitive behavioral treatment each student will go through at Lakeside Academy. Each of these phases has a workbook that the student must successfully and honestly complete before graduating. How quickly a student progresses through each phase is up to him/her.

Phase 1: Learning Past Patterns of Delinquent Behavior
Phase 2: Learning Victim Impact and Interpersonal Responsibility.
Phase 3: Learning Healthy Alternatives to Delinquent Behavior
Phase 4: Learning Community Transition and Relapse Prevention.

Each student will have his own Primary Counselor (counselor means "teacher") who will help him/her complete his/her phase packets. Phase packets will target risks and needs identified by the student, his

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Carol Lancaster

DATE: 03/23/2010

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FACILITY REPRESENTATIVE SIGNATURE:

Original Signed by [illegible] Exec. Director

DATE: 03/23/2010

FACILITY EVALUATION REPORT (Cont)

FACILITY NAME: LAKESIDE

FACILITY NUMBER: 602300066
VISIT DATE: 10/22/2009

NARRATIVE

FACILITY INFORMATION AND BACKGROUND: (Continued)

family, the referring party (e.g., probation or social worker), and most importantly by his risk assessment at Lakeside Academy. Risk assessments conducted include:

- Youth Level of Service Inventory (YLS): This is a "criminogenic" (delinquency) risk assessment which is well standardized and validated fourth generation risk assessment instrument.
- Massachusetts Youth Screening Instrument (MAYSI-2) and two Lakeside Safety Screens: Mental health and suicide risk assessments.
- Estimate of Risk of Adolescent Sexual Offense Recidivism (ERASOR): This assessment applies to sex offenders and is a comprehensive instrument targetting 2 areas of known risk for adolescent six offending.

Sex Offender Treatment Program

In addition to the same program components as the Community Residential Treatment Program, the Adolescent Sexual Offender Treatment Program services will minimally include:

- Identifying the student's sexual offenses and behavior cycle.
- Identiying cognitive distortions/thinking errors.
- Identifying techniques to interrupt the student's cycle and stop negative thinking and behavior.
- Eliminating victim stance thinking and minimization of offenses.
- Taking full responsibility for offenses.
- Recognizing impact on victims and developing victim empathy.
- Building healthy relationships.
- Relapse prevention
- Developing appropriate intrapersonal and interpersonal skills.
- Developing appropriate arousal control.
- Education on healthy sexuality and age appropriate sexual expression.
- Trauma resolution.
- Improving family functioning and interpersonal boundaries within the family system.

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Exec. Director

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FACILITY EVALUATION REPORT (Cont)

FACILITY NAME: LAKESIDE

FACILITY NUMBER: 602300066
VISIT DATE: 10/22/2009

NARRATIVE

EDUCATIONAL PROGRAM SERVICES:

All students residing at Lakeside Academy attend school on-campus with services offered through Kalamazoo Regional Education Service Agency (KRESA). The Lakeside Academy focuses on the four core disciplines of education: English, Math, Science and Social Studies. After analyzing the transcripts of a student, an educational plan is created that follows the graduation requirements of the student's home district. This process allows the courses that the student would take at the Academy to transfer back to the student's home district. Special Education services are provided as needed. In addition to pursuing a traditional high school diploma, Lakeside also offers the option to prepare for the General Educational Development (GED) examination. Lakeside Academy students attend school year round.

MICHIGAN LICENSING INFORMATION:

In evaluating Lakeside Academy's suitability for certification, Michigan licensing records were collected and reviewed and their current licensing evaluator, Pamela Lajiness, was contacted and spoken to by telephone [(269) 337-5042.] The faclity is in good standing with Michigan licensing authorities and no administrative actions are currently pending. The facility's current license was issued 9/18/2009 and is good for two years. The facility is licensed as a Child Caring Institution (License Number C1390201235.) Seven separate living units are included in the license - - for a total capacity of 98:

1. Mackinac 1 - Capacity: 10 males, ages 12-17
2. Mackinac 1 - Capacity: 10 males
3. Pictured Rocks - Capacity: 20 males
4. Sleeping Bear - Capacity: 20 females, ages 12-17
5. Great Lakes - Capacity: 20 males, ages 12-17
6. Porkupine Mountains - Capacity: 18 males, ages 12-17
7. Tahquamenon Falls - Capacity: 0

The facility is an "open" setting (i.e., non-secure/unlocked) and does not utilize behavior management (protective separation) rooms.

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Exec. Director

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FACILITY EVALUATION REPORT (Cont)

FACILITY NAME: LAKESIDE

FACILITY NUMBER: 602300066
VISIT DATE: 10/22/2009

NARRATIVE

FIRE CLEARANCE

The facility was last inspected April 8, 2009 by the Kalamazoo Department of Energy, Labor and Economic Growth, Bureau of Fire Services. Based on that inspection, the facility was determined to be in substantial compliance with applicable laws and regulations.

WATER & SEWER

The facility is on public water and sewer services provided by the City of Kalamazoo, Department of Public Utilities.

STAFF BACKGROUND CLEARANCES

Michigan criminal history background clearances were provided for all facility staff. These background clearances are apparently accomplished through Lakeside staff being authorized to perform queries against state criminal records maintained by the Michigan State Police through the Internet Criminal History Access Tool .

SCOPE OF CERTIFICATION REVIEW:

- Review of application and program material submitted.
- Verification of licensure status and history with Michigan licensing authorities.
- Entrance and exit interview with executive director Michael Rowley.
- Physical tour of the campus, living units and amenities.

FINDINGS, AREAS OF CONCERNS AND/OR THOSE REQUIRING CLARIFICATION OR CORRECTION:

Based on the application submitted and the onsite visit performed, initial certification is approved as the facility does appear to be in substantial compliance with both Michigan and California licensing standards applicable to children's group home facilities. During the next year, some of the application may require further development or updating in order to clarify some existing practices and procedures.

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