

DEPARTMENT OF SOCIAL SERVICES

Community Care Licensing Division
Statewide Children's Residential Program
Out-of-State Certification Unit
744 P Street, Sacramento, CA 95814 ~ MS 19-50



October 27, 2009

Mike McFarland, Executive Director
Clarinda Academy
1820 N. 16th Street
Clarinda, IA 51632

**SUBJECT: Out-of-State Group Home Certification
Clarinda Academy (CA Facility #602300055)**

Dear Mr. McFarland:

Pursuant to California Family Code Section 7911 et al., this is official notification that effective October 1, 2009, Clarinda Academy is re-certified as meeting California group home licensing standards. This re-certification is based on the annual onsite review and evaluation conducted September 30 and October 1, 2009.

Certification will continue to be reviewed annually. The Out-of-State Certification Unit will continue to follow our Department's policy which authorizes us to inspect certified out-of-state facilities with or without appointment as necessary.

If you have any questions, please contact me at (916) 838-5751.

Sincerely,

A handwritten signature in cursive script that reads "Carol Lancaster".

CAROL LANCASTER, Certification Analyst

c: Rosalind Hyde, Manager and Deputy Compact Administrator, Out-of-State
Placement and Policy Unit

FACILITY EVALUATION REPORT

FACILITY NAME:	CLARINDA ACADEMY	FACILITY NUMBER:	602300055
ADMINISTRATOR:	<i>Mike McFarland</i>	FACILITY TYPE:	731
ADDRESS:	1820 N. 16TH STREET	TELEPHONE:	(712) 542-3103
CITY:	CLARINDA	STATE:	IA
CAPACITY:	242	ZIP CODE:	51632
TYPE OF VISIT:	Case Management	CENSUS:	226
MET WITH:	Mike McFarland, Executive Director	UNANNOUNCED	DATE:
			10/01/2009
		TIME BEGAN:	09:15 AM
		TIME COMPLETED:	01:30 PM

NARRATIVE**1** PURPOSE OF VISIT:**2**

3 As mandated by California law, this annual on-site re-certification visit was performed on September 30 and
4 October 1, 2009 by the undersigned analyst to assess and determine that Clarinda Academy continues to be
5 suitable as an out-of-state group home certified by the California Department of Social Services (CDSS)
6 through:

- 7** 1. being in substantial compliance with California's Title 22 licensing regulations which apply to children's
- 8** group homes; as well as
- 9** 2. being licensed and in good standing with the licensing laws of the State of Iowa where the facility is
- 10** located.

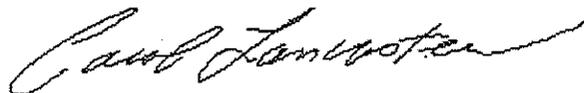
11**12** CERTIFICATION HISTORY:**13**

14 Pursuant to California Family Code Section 7911 et al., Clarinda Academy was initially certified October 23,
15 2008, subsequent to an application and program statement being submitted and approved and an onsite
16 initial facility evaluation. The current visit marks one year since being certified.

17**18** FACILITY INFORMATION, BACKGROUND AND PROGRAM**19**

20 Clarinda Academy, a Sequel Youth Services Program, is a 250-bed residential treatment and educational
21 program for male and female youth ages 12 to 18 that provides an array of gender-specific services for at-risk
22 and adjudicated youth. The program offered emphasizes behavioral change through the establishment of a
23 normative culture, intensely scheduled programming, and skill-building activities. Clarinda's behavioral
24 thinking processes focus on the intervention and redirection of negative behavior and recognition of
25 desired/positive behavior.

(NOTE: Reference the initial certification report of October 23, 2008 for a complete description and overview of Clarinda, its program, purpose, methods and goals.)

SUPERVISOR'S NAME: Mei Yuk Kung**TELEPHONE:** (916) 327-8763**LICENSING EVALUATOR NAME:** Carol Lancaster**TELEPHONE:** (916) 838-5751**LICENSING EVALUATOR SIGNATURE:****DATE:** 10/29/2009

I acknowledge receipt of this form and understand my licensing appeal rights as explained and received.

FACILITY REPRESENTATIVE SIGNATURE:**DATE:** 10/29/2009

This report must be available at Child Care and Group Home facilities for public review for 3 years.

FACILITY EVALUATION REPORT (Cont)

FACILITY NAME: CLARINDA ACADEMY

FACILITY NUMBER: 602300055

VISIT DATE: 10/01/2009

NARRATIVEFACILITY, PHYSICAL PLANT, PROGRAM AND ORGANIZATIONAL REVIEW AND CHANGES:

There continues to be nine residential living units at Clarinda Academy (referred to as "Halls":)

- Angelou Hall and Parks Hall, with capacities of 32 and 28 respectively, serve as living quarters for the female youth in residence.
- Jackson Hall (capacity 32), Coolidge Hall (capacity 26), Lincoln Hall (capacity 33), Jefferson Hall (capacity 30), Washington Hall (capacity 30), Kennedy Hall (capacity 31) and *Independence Hall (capacity 8), all serve as living quarters for male youth in residence.

*Independence Hall offers a transitional living program for males.

No significant capacity or programmatic changes have occurred during the past year. There has, however, been a change of administrator/executive director. In August 2009, Mike McFarland assumed this role subsequent to Cindy Cox leaving the agency. Mike McFarland has a Bachelor's degree in Sociology from Iowa State University; and a Master's of Social Work from Yeshiva University, NYC. In addition to his educational achievements, Mr. McFarland has 12+ prior years in children's residential treatment - - roughly ten of which have been as clinical or program director with the South Dakota Children's Home Society.

CHILDREN IN CARE:

The facility's certified capacity is 242. At the time of visit, the census was 226 - - 17 of these clients (15 males; 2 females) being from California and placed by either Sacramento or San Joaquin County Probation.

LOCAL STATE LICENSING INFORMATION

Clarinda Academy is licensed by the Iowa Department of Inspections and Appeals. As part of this year's evaluation, the undersigned analyst made telephone contact with the facility's Iowa licensing evaluator. The licensing evaluator conveyed that there have been no complaints or concerns requiring investigation over the last year and that each living unit (which are licensed individually) is on a three-year licensing cycle. Being on a three-year cycle (as opposed to a one or two year) reflects the facility has been doing well and warrants the least amount of oversight by Iowa licensing authorities.

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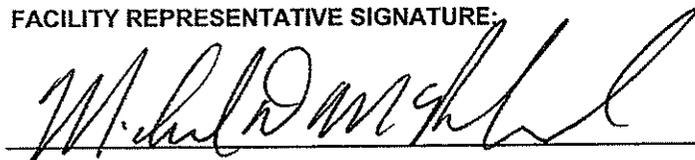
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FACILITY EVALUATION REPORT (Cont)

FACILITY NAME: CLARINDA ACADEMY

FACILITY NUMBER: 602300055

VISIT DATE: 10/01/2009

NARRATIVE

1 ACCREDITATIONS

2
3 Clarinda Academy is accredited by the Joint Commission for Behavioral Health (Residential / Group Homes,
4 Child/Youth - - the last full survey conducted being February 29, 2008; the last on-site survey conducted
5 being February 13, 2009. The accreditation is good for up to 39 months.
6

7 FIRE INSPECTION / WATER ANALYSIS / FOOD SERVICE:

8
9 A Certificate of Inspection (for Fire Safety Rules, Regulations and Standards) issued by a deputy with the
10 Iowa Department of Public Safety, Fire Marshall's Inspection Division reflects that Clarinda was last inspected
11 on May 12, 2009, and was deemed to be in compliance with state requirements.
12

13 The Clarinda Treatment Complex pumps water from two wells located on the campus. A "2008 Consumer
14 Confidence Report" provided by the agency reflects that last year, as in years past, the tap water met all U.S.
15 Environmental Protection Agency and state drinking water health standards.
16

17 Food preparation and services, as well as eating/dining amenities, are conducted in a large commercial type
18 kitchen operated on campus. This operation was last inspected by authorities with Western Iowa Regional
19 Inspections on 5/18/2009. No areas of non-compliance were reflected on their inspection report.
20

21 SCOPE OF CERTIFICATION REVIEW:

- 22
23 • Entrance interview with Executive Director Mike McFarland and other members of the administrative and
24 management team.
25 • Collection of updated and current organizational and program information material.
26 • Tour/physical inspection of facility and grounds
27 • Review and discussion of serious incident reporting, staff background checks/clearances and emergency
28 intervention procedures.
29 • Sample of client files reviewed.
30 • Sample of personnel files reviewed.
31 • Four client interviews
32 • Exit interview.

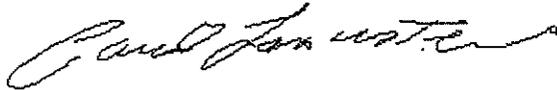
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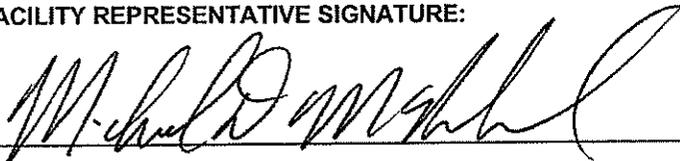
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NARRATIVE

1	<u>FINDINGS, AREAS OF CONCERN AND/OR THOSE REQUIRING CORRECTION OR IMPROVEMENT:</u>
2	
3	Based on this year's visit and evaluation, it is apparent that Clarinda is in compliance with Iowa's laws and
4	licensing regulations as they apply to staff operated children's facilities providing 24-hour residential care,
5	supervision and treatment. The following are areas that need further clarification however to ensure that
6	Clarinda's policies, procedures and practices are in substantial compliance with California's licensing
7	standards:
8	
9	<u>Physical Restraints and Documentation/Reporting of Same:</u> While the facility has been diligent in notifying
10	and submitting written reports on reportable incidents and events in general, more extensive information is
11	needed when reporting on emergency interventions (i.e., physical restraints) performed. This is necessary
12	in order for CDSS to adequately monitor adherence and compliance to CA licensing standards as they apply
13	to client personal rights and the safety of clients in care in general. To meet this end, it is necessary that
14	Clarinda administration revisit California Title 22 Regulations (General and Group Homes) and submit policies
15	and procedures relative to the following specific areas that demonstrate an understanding and willingness to
16	comply to same:
17	1. Use of emergency interventions.
18	2. Manual restraint plan - - To include and identify what restraint methods and techniques are used.
19	3. Internal (administrative) biannual review of the use of emergency interventions.
20	4. Emergency intervention Staff Training Plan - - for new and existing personnel.
21	5. The name(s) and qualification(s) of the instructor(s) who provide the training.
22	6. Runaway plan.
23	7. Documentation and reporting (on manual restraints and runaways.)
24	
25	<u>CERTIFICATION DECISION:</u>
26	
27	Recertification approved. Updated policies and procedures on the above are due by December 1, 2009.
28	Should the facility be unsuccessful in submitting the requested items as identified above, certification may be
29	revisited and rescinded.
30	
31	
32	

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